



The Great British Columbia ShakeOut

Annual Province-Wide Earthquake Drill

Youth Organization

Get Ready to ShakeOut!

At 10:20 a.m. on October 20, 2011, thousands of British Columbians will "Drop, Cover, and Hold On" in *The Great British Columbia ShakeOut*, the largest earthquake drill in BC history! All youth organizations are encouraged to participate in the drill (or plan a more extensive exercise).

British Columbia is located in a seismically active region where a few thousand earthquakes occur each year in and adjacent to the province. The threat of a major earthquake in the province is real and all British Columbians must know how to be prepared.



The ShakeOut drill is our chance to practice how to protect ourselves, and for everyone to become prepared. The goal is to prevent disasters from becoming catastrophes.

Once you register, participation can be as simple as three easy steps:

1. Drop, Cover, and Hold On: Have your members **Drop** to the ground, take **Cover** under a table or desk, and **Hold On** to it as if a major earthquake were happening (stay down for at least 60 seconds). Practice now so that your members will immediately protect themselves during an earthquake!
2. While still under the table, or wherever you are, look around and imagine what would happen in a major earthquake. What would fall on you or others? What would be damaged? What would life be like after?
3. Finally, you can practice what you will do after the shaking stops.

Everyone can participate! Individuals, families, businesses, schools, government agencies and organizations are all invited to register.

Be a part of the largest earthquake drill in Canadian history on October 20, 2011 at 10:20 am!

As a registered ShakeOut participant you will:

- Learn what you can do to get prepared
- Receive ShakeOut news and other earthquake information
- Be counted in the largest earthquake drill ever!
- Set an example that motivates others to participate

Register today at shakeoutbc.ca

HOW TO PARTICIPATE

Here are simple things youth organizations can do to participate in the ShakeOut. Instructions and resources can be found at www.shakeoutbc.ca.

Plan Your Drill:

- Register at www.shakeoutbc.ca to be counted in the ShakeOut Drill, get email updates, and more.
- Have a "Drop, Cover, and Hold On" drill at 10:20 a.m. on October 20.
- Discuss what you learned and make improvements.

Get Prepared for Earthquakes:

- Help members identify items in their homes that might fall during earthquakes and secure them.
- Create an organization disaster plan.
- Organize or refresh your emergency supply kits. After an earthquake you may need to remain in place for at least 72 hours or up to a week, so ensure you have the necessary supplies.
- Contact your local emergency program for preparedness and response training.
- For more information on planning for your youth organization, please visit www.publicsafety.gc.ca/prg/em/gds/bcp-eng.aspx

Share the ShakeOut:

- Encourage everyone in your youth organization to register.
- Have a meeting to discuss preparedness, and register for the ShakeOut.
- Encourage local businesses and other organizations to participate and distribute ShakeOut information.
- Share your experience at www.shakeoutbc.ca.



IBC | Insurance Bureau of Canada